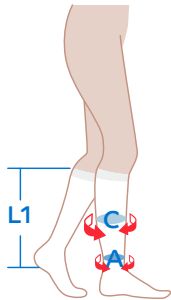




## Knee Length Sizing Guide

Size	Ankle (A)	Calf (C)	Length (L1)	REF	NHSSC Code
Small Regular	17-20cm	28-32cm	<42cm	1000-SR(12)	EGB85088
Small Long	17-20cm	28-32cm	≥42cm	1006-SL(12)	EGB85100
Medium Regular	20-23cm	32-36cm	<42cm	1001-MR(12)	EGB85097
Medium Long	20-23cm	32-36cm	≥42cm	1007-ML(12)	EGB85099
Large Regular	23-26cm	36-40cm	<42cm	1002-LR(12)	EGB85087
Large Long	23-26cm	36-40cm	≥42cm	1008-LL(12)	EGB85098
X-Large Regular	26-28cm	40-44cm	<42cm	1003-XLR(12)	EGB85091
X-Large Long	26-28cm	40-44cm	≥42cm	1009-XLL(12)	EGB85094
XX-Large Regular	28-30cm	44-50cm	<42cm	1004-XXLR(12)	EGB85090
XX-Large Long	28-30cm	44-50cm	≥42cm	1010-XXLL(12)	EGB85095
XXX-Large Regular	30-32cm	50-56cm	<42cm	1005-XXXLR(12)	EGB85089
XXX-Large Long	30-32cm	50-56cm	≥42cm	1011-XXXLL(12)	EGB85107



### Knee Length

Fibre content:

- 83.2% Polyamide
- 16.5% Elastane
- 0.3% Polyester

## Instruction for use



1. Insert hand into stocking as far as the heel area. Grasp heel section and turn stocking inside out
2. Position the stocking over the toes ensuring the heel is in the coloured heel area
3. Roll the stocking over the foot and ankle, working in small sections, gently twist the stocking back and forth to ensure even pressure application
4. Check that toe-opening is correctly positioned below ball of foot and stocking feels comfortable
5. Pull the stocking up to approximately 2ngers width (2.5 - 5cm) below the knee joint to have unrestricted movement and smooth out any wrinkles

## Contraindications

Please check with your healthcare provider regarding the suitability for this treatment. A complete list of contraindications, which includes vascular disease, skin conditions, acute conditions, drug therapy also allergy to AES material, are all listed under NICE Guidelines- NG89- Section 1. Although stockings are designed to worn 24hrs per day, they should be removed daily for hygiene and skin status checks. Avoid using greasy ointments, oils and lanolin on your skin as this damages the stocking's elastic bres. Stop the use of anti-embolism stockings if blistering or discolouration of the skin is obscene, pins and needles or cold toes are experienced, as well as swelling of the toes and feet if the patient experiences pain or discomfort.