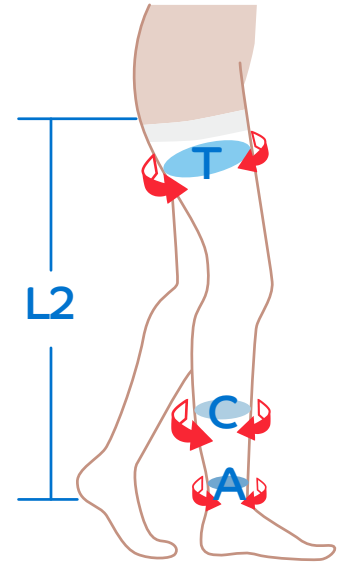




Thigh Length Sizing Guide

| Thigh Length | | | | | | |
|-----------------|-----------|----------|-----------|-------------|----------|------------|
| Size | Ankle (A) | Calf (C) | Thigh (T) | Length (L2) | REF | NHSSC code |
| Small Short | 17-20cm | 28-32cm | < 65cm | < 74cm | 1112-SS | EGD85656 |
| Small Regular | 17-20cm | 28-32cm | < 65cm | 74-80cm | 1118-SR | EGD85660 |
| Small Long | 17-20cm | 28-32cm | < 65cm | > 80cm | 1124-SL | EGD85652 |
| Medium Short | 20-23cm | 32-36cm | < 65cm | < 74cm | 1113-MS | EGD85657 |
| Medium Regular | 20-23cm | 32-36cm | < 65cm | 74-80cm | 1119-MR | EGD85662 |
| Medium Long | 20-23cm | 32-36cm | < 65cm | > 80cm | 1125-ML | EGD85666 |
| Large Short | 23-26cm | 36-40cm | < 65cm | < 74cm | 1114-LS | EGD85672 |
| Large Regular | 23-26cm | 36-40cm | < 65cm | 74-80cm | 1120-LR | EGD85675 |
| Large Long | 23-26cm | 36-40cm | < 65cm | > 80cm | 1126-LL | EGD85669 |
| X-Large Short | 26-28cm | 40-44cm | 65-81cm | < 74cm | 1115-XLS | EGD85658 |
| X-Large Regular | 26-28cm | 40-44cm | 65-81cm | 74-80cm | 1121-XLR | EGD85664 |
| X-Large Long | 26-28cm | 40-44cm | 65-81cm | > 80cm | 1127-XLL | EGD85654 |



Thigh Length

Fibre content:

85.7% Polyamide

14.1% Elastane

0.2% Polyester

Instruction for use



1. Insert hand into stocking as far as the heel area. Grasp heel section and turn stocking inside out
2. Position the stocking over the toes ensuring the heel is in the coloured heel area
3. Roll the stocking over the foot and ankle and, working in small sections, gently twist the stocking back and forth to ensure even pressure application
4. Check that toe-opening is correctly positioned below ball of foot and stocking feels comfortable
5. Pull the stocking up to approximately 2 fingers width (2.5 - 5cm) below the knee joint to have unrestricted movement and smooth out any wrinkles

Contraindications

Please check with your healthcare provider regarding the suitability for this treatment. A complete list of contraindications, which includes vascular disease, skin conditions, acute conditions, drug therapy also allergy to AES material, are all listed under NICE Guidelines- NG89- Section 1. Although stockings are designed to worn 24hrs per day, they should be removed daily for hygiene and skin status checks. Avoid using greasy ointments, oils and lanolin on your skin as this damages the stocking's elastic fibres. Stop the use of anti-embolism stockings if blistering or discolouration of the skin is observed, pins and needles or cold toes are experienced, as well as swelling of the toes and feet if the patient experiences pain or discomfort.