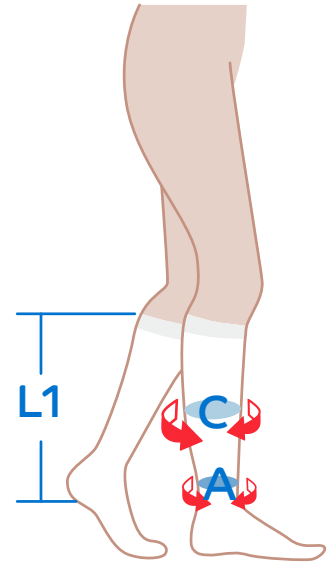




## Knee Length Sizing Guide

Knee Length					
Size	Ankle (A)	Calf (C)	Length (L1)	REF	NHSSC code
Small Regular	17-20cm	28-32cm	<42cm	1000-SR	EGD85653
Small Long	17-20cm	28-32cm	≥42cm	1006-SL	EGD85661
Medium Regular	20-23cm	32-36cm	<42cm	1001-MR	EGD85655
Medium Long	20-23cm	32-36cm	≥42cm	1007-ML	EGD85674
Large Regular	23-26cm	36-40cm	<42cm	1002-LR	EGD85670
Large Long	23-26cm	36-40cm	≥42cm	1008-LL	EGD85663
X-Large Regular	26-28cm	40-44cm	<42cm	1003-XLR	EGD85671
X-Large Long	26-28cm	40-44cm	≥42cm	1009-XLL	EGD85665
XX-Large Regular	28-30cm	44-50cm	<42cm	1004-XXLR	EGD85673
XX-Large Long	28-30cm	44-50cm	≥42cm	1010-XXLL	EGD85667
XXX-Large Regular	30-32cm	50-56cm	<42cm	1005-XXXLR	EGD85659
XXX-Large Long	30-32cm	50-56cm	≥42cm	1011-XXXLL	EGD85668



### Knee Length

#### Fibre content:

83.2% Polyamide

16.5% Elastane

0.3% Polyester

## Instruction for use



1. Insert hand into stocking as far as the heel area. Grasp heel section and turn stocking inside out
2. Position the stocking over the toes ensuring the heel is in the coloured heel area
3. Roll the stocking over the foot and ankle and, working in small sections, gently twist the stocking back and forth to ensure even pressure application
4. Check that toe-opening is correctly positioned below ball of foot and stocking feels comfortable
5. Pull the stocking up to approximately 2 fingers width (2.5 - 5cm) below the knee joint to have unrestricted movement and smooth out any wrinkles

## Contraindications

Please check with your healthcare provider regarding the suitability for this treatment. A complete list of contraindications, which includes vascular disease, skin conditions, acute conditions, drug therapy also allergy to AES material, are all listed under NICE Guidelines- NG89- Section 1. Although stockings are designed to be worn 24hrs per day, they should be removed daily for hygiene and skin status checks. Avoid using greasy ointments, oils and lanolin on your skin as this damages the stocking's elastic fibres. Stop the use of anti-embolism stockings if blistering or discolouration of the skin is observed, pins and needles or cold toes are experienced, as well as swelling of the toes and feet if the patient experiences pain or discomfort.